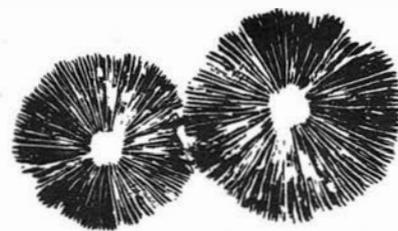


# SPORE PRINTS

BULLETIN OF THE PUGET SOUND MYCOLOGICAL SOCIETY

Number 241

April 1988



## CONSERVATION AND ECOLOGY

Margaret Dilly



We finally have a wild mushroom harvesting law (provided the Governor does not veto it). The law will run from January 1989 to December 1993 and will be administered by the Department of Agriculture. The law requires a license fee of \$75 for buyers and \$375 for processors. Buyers are required to report monthly the site of purchase, date and location of harvest, poundage by species, and the name and address of the processor to whom the mushrooms are sold. Processors are required to report by year's end quantities by weight, each species of mushrooms sold, and where they are marketed. Civil penalties will be imposed for violations.

Noncommercial hunters and mycological societies are encouraged to report voluntarily. Forms will be available by year's end, and I urge all of you to cooperate. Information on mass harvesting is vital for comparison with plotting studies if we are to understand harvesting's impact.

Getting a bill passed is no easy task. Many thanks to each and everyone who played a part -- whether by going to Olympia, spending many hours on the phone, getting out the word, or contacting your legislators.

Don't forget to support Mt. Baker - Snoqualmie Forest Plan G. The address to write is Forest Supervisor, Mt. Baker - Snoqualmie Forest, 1022 First Avenue, Seattle, WA 98104. The deadline has been extended to May 3, 1988. I have copies of the planning information prepared by the Mt. Baker - Snoqualmie task force. See me at the meeting, or phone 782-8511 and I will mail it to you.

## SAUCE MORILLES A LA CRÈME

[Prepared at the 1986 Exhibit by Dominique's Place]

1/2 lb cleaned morels (may be reconst. dried)	1 cup white wine
1 pint heavy cream	2 oz. butter
1 large chopped shallot	1 Tbs chopped parsley
bit of Cognac	1 tsp demi-glacé (optional)

1. Heat skillet, add oil, saute mushrooms a few seconds. Add shallot and saute a few more seconds.
2. Deglaze with Cognac, flame. Add wine and reduce.
3. Add cream, reduce. Add demi-glacé if used, cook a few seconds.
4. Add salt and pepper to taste.
5. Off heat, add butter to sauce in small pieces, shake pan until incorporated; sauce should coat spoon and be shiny.
6. Serve with steak or other grill.



## A PASSION FOR MUSHROOMS

Dennis Bowman

I had been in the Soviet Union no more than an hour when I experienced by first taste of Russian mushroom mania. No sooner had we checked in through customs than we were greeted by our tourist guide, Marina, who directed us to our bus for the ride to our hotel in downtown Moscow. Since I was in the front seat and Marina was standing at the front of the bus, she and I struck up a conversation that took only a few minutes to gravitate to the subject of mushrooms. Marina was very excited when she discovered I was interested in mushrooms, but she became ecstatic upon finding that I'd brought some good edibles with me. In fact, she suddenly had no time for the other members of my little group, only for me and my mushrooms. Early the next morning, she presented me with her personal cookbook containing her favorite mushroom recipes, and I gave her some samples of some of our choice Pacific Northwest fungi. Our friendship was sealed.



This was the beginning of my introduction to a nation of people who have an almost incredible connection to the earth through the world of mushrooms. For the next three weeks, it seemed that wherever we traveled my association with mushrooms was mysteriously known by those we visited, and mushrooms became the primary topic of conversation, often leading to wonderful presentations of special fungal culinary treats. It was not uncommon for me to be led away from the group by Marina to meet yet another person with something special to share with me about mushrooms -- a recipe, photo, or some tasty morsel from a canning jar.

It became obvious that the Russians' pursuit of mushrooms is much more than just a pastime. It is a love, a passion, and a national heritage for men, women, and children alike. Although I was in the Soviet Union during the heart of winter, it might as well have been the middle of May for all the excitement and enthusiasm that were building for the coming mushroom hunts. In the cities, the people talked of the special trips they would soon be making to their dachas, or summer cottages, to hunt their favorite mushrooms; in the smaller towns, the people excitedly spoke of the coming camping forays where they would hunt their favorite mushrooms by day and then dry them over special pit fires during the night to be stored for use the following winter.

Many of my conversations ended with the tasting of wonderful preparations of pickled and spiced mushrooms with fascinating names like old men with ear trumpets, little foxes, little pigs, little hawks and cows, long-legged mushrooms, mushrooms under birch, and under-pine mushrooms. Mushrooms appeared out of jars with strange pickling solutions, out of crocks packed with salt, or simply dried on strings.

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## Spore Prints

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**PUGET SOUND MYCOLOGICAL SOCIETY**  
Center for Urban Horticulture, Mail Stop GF-15,  
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## Calendar

April 9	Field Trip, Rockport
April 11	Public mushroom ID, 3-7:00 p.m., CUH Intermediate seminar, 7-9:00 p.m., CUH
April 12	Membership meeting, 7:30 p.m., CUH
April 18	Public mushroom ID, 3-7:00 p.m., CUH Board meeting, 7:00 p.m., CUH
April 19	Beginners' classes, 7-9:00 p.m., CUH
April 22	<i>Spore Prints</i> deadline
April 25	Public mushroom ID, 3-7:00 p.m., CUH Intermediate seminar, 7-9:00 p.m., CUH
April 26	Beginners' classes, 7-9:00 p.m., CUH
April 30	Field Trip, Lake Easton
May 2	<i>Spore Prints</i> mailing, 10:00 a.m., CUH Public mushroom ID, 3-7:00 p.m., CUH Intermediate seminar, 7-9:00 p.m., CUH
May 3	Beginners' classes, 7-9:00 p.m., CUH

## BUILDING FUND

Ralph Burbridge

According to the IRS, most people in this country will have already received or will be getting a return check from their 1987 income taxes. This offers many members a good opportunity to contribute to the building fund.

At the present time, there is \$5117.00 in the fund. We are making steady progress, but I am hoping that there will not be too much procrastination. The deadline always seems to come too quickly.

Our building fund is a important part of the PSMS future. Please remember.

## Membership Meeting

Tuesday, April 12, at 7:30 p.m.. in the Center for Urban Horticulture, 3501 N.E. 41st Street, Seattle

To kick off the spring season, **Hildegard Hendrickson**, our PSMS mushroom hunter par excellence, will reveal "The When, Where, What, and How of Mushrooming." How do you find fungi? Come to the April meeting and get advice from an expert. No one, but no one, is better at finding mushrooms than Hildegard and Monte Hendrickson.



## PRESIDENT'S MESSAGE

Gilbert Austin

It is with great pleasure that I announce that 1988 Banquet Chair Ingeborg McGuire has agreed to a repeat for 1989. This year's banquet was particularly successful, and many -- perhaps most -- of the 170 who attended hope that it will be possible for the same venue next year. Congratulations, Ingeborg.

Immediate Past President Coleman Leuthy has agreed to a superactive role in the Society for the ensuing year. In addition to supervising and teaching beginner classes, Coleman will oversee education activity. Beyond that, he will chair the Annual Exhibit! At the same time as we welcome Coleman, we extend our warmest thanks and deepest appreciation to Dennis Bowman for his work in overseeing the Exhibit for the past five years.

At the conclusion of spring field trips in June, Andy Green and Irwin Kleinman will have completed more than two years' supervision of this all-important activity. Collectively, we owe them a huge debt. Most sincere thanks, Andy and Irwin! Taking over in the fall will be Ralph and Margaret Burbridge. Everyone please remember that they will need lots of help.

The Boas have left book sales. We've grown accustomed to their regularity, their good humor, and their good choice of titles. Warmest thanks, Judi and Ernie. And welcome to Mae Green and Bob Judd.

Margaret Dilly, ably backed by Lori and Walter Knox, will continue to chair Conservation and Ecology. We would really be adrift without them.

Other committee chairs -- all important to the viability of our Society -- include Publicity, David Tatelman; Publications and Printing, Kris Fulsaa; House (meeting set-up), Gary Smith; Identification, Brian Luther, assisted by Nettie Laycock; Library, Ed Bush; Mailing, Millie Kleinman, assisted by Bob Hamilton, Mae Green, and Bob Judd; Meeting Programs, PSMS Vice-President Richard Sieger.



Gilbert Austin

Margaret Holzbauer has graciously agreed to continue as Membership chair, and Michael Murphy continues his vital computer contribution. Patrice Benson will again supervise Mycophagy and Joy Spurr the Speakers' Bureau. Last, but in no sense least, Agnes Sieger continues as editor of *Spore Prints*.

My warmest thanks to all of the above, and to many others, in several cases still unselected, who will assist them.

## INVITATION

Coleman Leuthy

For those of you who might be interested in dropping by, I will be at my cabin, Mountain Maple, just north of Leavenworth on the weekends of April 16 (4:00 p.m.) -18, May 20-23, and June 3-6 and will be glad to provide identification and hospitality to fellow mushroomers. I have space for camping, a barn for shelter, and maps and instructions on areas where mushrooms might be available. Bring your own drinking water (and briquettes, if you want a barbecue).

Besides being close to Entiat Ridge and the Lake Wenatchee area, Mountain Maple is just down the road from the big Van Creek burn, which started at about 3000 ft and went over a ridge at about 4500 ft. Morels should start showing up in mid-April or May lower down and maybe June on the back side.

To reach Mountain Maple, take State Route 209 north from Leavenworth for 2 miles, turn right, and follow Eagle Creek Rd for 4 miles to the old barn and cabin on the right. My phone no. there is (509) 548-5009.

## EDUCATIONAL ACTIVITIES

Coleman Leuthy

**Public Mushroom Identification:** Except for May 30, public mushroom ID will be held Mondays, 3-7:00 p.m. in our office or the boardroom at CUH through June 13. Bring in your finds; an identifier will help you or direct you to someone who can. The library will also be open at this time.

**Beginners' Classes:** Beginners' classes will be held at CUH on Tuesdays from April 19 through May 31 except on membership meeting night. Send a \$15 check payable to PSMS to 2455 East Lake Washington Blvd., Seattle 98112, pay at the April 23 general meeting or at the first class. Class time is 7-9:00 p.m.

**Intermediate Seminars:** Free, 7:00-9:00 p.m. at CUH. Attend the ones that interest you. You should recognize the genera involved. Mostly, we will use Pacific Northwest Key Council keys with slides and available fresh specimens for species identification. You may purchase keys at each session.

- April 11 Cortinariaceae, Dr. Joseph Ammirati
- April 25 Boletaceae, Howard Melson
- May 2 Tricholomataceae (*Lepista*, *Collybia*, *Clitocybe*, *Tricholoma*, etc.), Helena Kirkwood
- May 9 Ascomycetes and Lepiotaceae, Dick Sieger
- May 23 Russulaceae (*Russula*, *Lactarius*), Ben Woo
- June 6 *Agaricus* and Strophariaceae, Margaret Dilly

## MAILING COMMITTEE

Millie Kleinman

Thank you for helping with the *Spore Prints* mailing: Mae Green, Bob Hamilton, Bob Judd, Coleman Leuthy, Joleen and Bill Williams. Our next mailing will be on Monday, May 2, 1988, at 10:00 a.m. at CUH. Everyone is welcome to come and help.

## FIELD TRIPS

Irwin Kleinman

Please check the society's message recorder for last minute changes. All up-coming field trips are weekend affairs. On Saturday, hosts will greet you and keep a coffee pot going. An expert will be on hand to help with identification. Bring a main dish, salad, or desert so you may join the Saturday evening pot luck dinner. Camp overnight, if you wish, and continue collecting on Sunday.



### Steelhead Park, Rockport

April 9, 10

This is a regular spring field trip to a beautiful campground on the Skagit River. There are full hook-ups, if desired, for the customary fee. There are two possible routes, both lined with cottonwoods so you can look for *Verpa bohemica* on the way. Either take the Arlington exit #208 from I-5 and drive through Darrington, or take the Burlington exit #230 to Rockport. Steelhead Park is on the river bank. Bring your binoculars, because if we are lucky we may see some bald eagles.

### Lake Easton

April 30, May 1

Drive east on I-90. Sixteen miles past Snoqualmie summit, take exit #70 and turn right into Lake Easton State Park.

## CARNATION FIELD TRIP

Agnes Sieger

The breeze was cool and blustery and the sky overcast, but 40 eager spring mushroomers turned out to hear Monte Hendrickson explain the why's and wherefore's of stalking the wily *Verpa bohemica*, the early morel. The group then split up to put theory into practice. The season was just getting started, and *Verpa* were small and scarce. Still, almost everybody found at least one. Some had enough to share. All had at least a taste to whet their appetites for forays to come.



To whet the appetite further, Hildegard Hendrickson brought along a couple of huge morels (true morels) from the dozen that a PSMS member in Lake City has growing in her garden. Just goes to show what you can get by composting apples. (It helps to start out with a few leftovers from Lake Easton.)

## Welcome to the following new members:

H. Gene and "Corky" Ford, 160 East Alder, Stockton, CA 95204 (415) 423-7755

Roy and Rosalie Foster, 16445 Maplewild SW, Seattle, WA 98166 243-2814

Andrea Jones, 16811 - 70th Place West, Lynnwood, WA 98037 743-6790

Cameron Whiting, 415 West Roy Street, #104, Seattle, WA 98119 281-8629

Anne Winter, 2020 NE 70th, Seattle, WA 98115

525-1623

**CLASSES****FORAYS****TOURS**

**Alaska wilderness program - April 16, 1988:** The Alaska Coalition will show a video tape and discuss legislation at 7:00 p.m. at CUH.

**Oregon Foray - April 29 to May 1, 1988:** PSMS members are invited to attend the Oregon Mycological Society's spring foray at Suttle Lake in central Oregon. The foray mycologist will be discomycete specialist Dr. John W. Paden of Victoria, B.C. Contact Erika or Sebastian Degens, 3006 SE Tibbetts, Portland, OR 97202 - (503) 231-8869. In Seattle, you may call OMS member Dick Sieger, 362-6860.

**Morel Foray - May 6 to 8, 1988:** Larry Stickney of the San Francisco Mycological Society will host the Great 1988 Sierra Morel Foray just north of Yosemite Park. (California had some tremendous forest fires last year, and this is right in the middle of them.) Reservations will be accepted on a space-available basis by contacting Larry Stickney, 2431 Valdez St., Oakland, CA 94612 - (415) 465-7963.

**Sierra Nevada Field Course - June 6 to 10, 1988:** Agaricologist Roy Halling, Assistant Curator, Mycology, at the New York Botanical Garden, will give a course on Higher Fungi of the Sierra Nevada at the Sierra Nevada Field Camp of San Francisco State University near Yuba Pass. To register or get more information, contact James Steele, Sierra Nevada Field Camp Manager, Dept. of Biology, San Francisco State University, 1600 Holloway Ave., San Francisco CA 94132, or call Dr. Halling - (212) 220-8613.

**Mexico Study Tour - July 6 to 19, 1988:** Gary Lincoff and Emanuel Salzman will head a mushroom study tour of the highlands of Mexico. For information, contact Emanuel Salzman, c/o Fungophile, PO Box 5503, Denver, CO 80217-5503 - (303) 296-9359.

**Spain Study Tour - October 3 to 20, 1988:** Gary Lincoff, Andrew Weil, and Emanuel Salzman will lead a mushroom study tour of Spain and the Pyrenees. For information, contact Emanuel Salzman, c/o Fungophile, PO Box 5503, Denver, CO 80217-5503 - (303) 296-9359.

**A Passion for Mushrooms, cont. from p. 1**

School children learn to recognize some forty kinds of mushrooms in school, including which ones to stay away from and which ones to harvest. It seemed that every school child included mushrooms in his or her art project from the earliest of ages. Often a young child would do a drawing that had only three or four items in it, and one of them would be a mushroom.

Not only is mushroom lore passed down from generation to generation, but it is frequently found in magazines and books. I was told that mushroom reports are even part of Russian news coverage, the price of mushrooms being a national concern!

The nineteenth-century writer Sergi Aksakov termed mushrooming the "third hunt," following that for large and small game. I was told that in some country districts mushrooms are still used as a substitute for meat. Certainly, mushrooms were frequently the most important part of our meals, often being the only part mentioned by the waiters and waitresses, and always with pride.

So, fellow mushroom lovers, maybe we are the displaced brothers of the Russians when it comes to our love of mushrooms. For just as the special boletic reek makes a Russian's nostrils dilate, so does it make my heart race.



Next month: The one copy, one copier blues

**EATON-HOPE FIELD TRIP REPORT****Dick Sieger**

All will remember this April 1st outing. Identifier Caveat Gustator, notorious among toxicologists for his speed, was able to name mushrooms that were still enclosed in waxed paper. Almost everyone recovered.

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**Puget Sound Mycological Society**  
Center for Urban Horticulture  
GF-15, University of Washington  
Seattle, Washington 98195



**SIEGER, Dick & Agnes**  
15555 14th Ave NE  
Seattle WA 98155

**Come mushrooming with Hildegard**  
Tues., April 12, 7:30 p.m., CUH