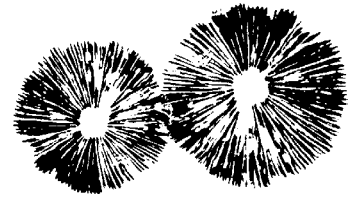


SPORE PRINTS

BULLETIN OF THE PUGET SOUND MYCOLOGICAL SOCIETY

Number 384

September 2002



39TH ANNUAL WILD MUSHROOM EXHIBIT: READY OR NOT – HERE WE GO!

David Hunt & Karin Mendell, Exhibit Co-Chairs

It's that time of year again! Show committee chairs met at Karin Mendell's house recently to put together the final plans for our Fall show! Co-Chairs David Hunt and Karin Mendell have divided oversight of the committee chairs, similarly to what Coleman and Karin did last year. We have a tremendous crew of enthusiastic committee chairs, who just may be calling you to volunteer for one of the many jobs it takes to bring off our big Fall mushroom show. It is a labor of love, perseverance, and monumental support from all of our members that makes this show, surely, one of the nation's finest! If you are a newer member, you'll be amazed to see this effort come together. If you are a longtime member, you'll marvel that we've done it once again, and you'll feel that profound sense of respect and admiration for our members.

D.V. Corey, one of our multitalented members, is designing our show poster this year with some assistance from Joanne Young. The Board recently got a sneak peek, but members should be treated to a grand "unveiling" at the September membership meeting. We are all looking forward to the finished product with great excitement! As in past years, the September meeting will provide an opportunity to distribute posters to all members for display in their communities. We will again ask that each member take 5–10 posters and flyers and distribute them *everywhere* in your neighborhood! Hang them up in shopping areas, cafes, libraries, and schools—wherever you think they will be noticed. The posters have proven to be our best advertising value. We need your assistance to "get 'em out there!"

Remember that we will have volunteer sign-up sheets out at the September meeting. *We need your help more than ever!* We will need countless volunteers to staff the many committees required to put on a successful show. Please be available when a committee chair calls you for help!

We know our members will come through with the support needed to make this an excellent show. If you have specific talents or interests, feel free to e-mail Dave Hunt at dhhuntinc@seanet.com or Karin Mendell at k.mendell@attbi.com, and they will connect you with the right committee chair. Thanks, in advance, for all the amazing efforts you all contribute.



Dave Hunt &
Karin Mendell,
Exhibit
Co-Chairs

PRESIDENT'S MESSAGE

Karin Mendell

Hello, everyone, and welcome back! As I try to reflect on this message, I am struck by the realization that our September membership meeting will occur one day to the year from September 11. I would like to start our meeting with a moment of silence to remember all of those, around the world, who were touched by the loss and tragedy that occurred that day.

We have a wonderful organization here, which in just one year, last year, bounced back from both the tragic events of 9/11/01 that rocked our nation and the premeditated arson attack that struck CUH in early spring 2001. We are nothing if not "unsinkable!" I'd like to thank everyone for continuing to share our passion for mycology with new members, the public, the students in our I.D. classes, and the world in general.

I have a perfectly delightful new Exhibit Co-Chair, David Hunt. Either he or I will be contacting our respective committee chairs as we continue to organize activities prior to the Fall show.

I asked him to write a brief bio to introduce himself to our membership, and I've repeated it in the paragraphs following. This is per Dave (not me), and you'll understand why I say he's delightful after you read it.

I am a 62 year-old offspring of a mixed marriage (Boston Liberal/Southern Red Neck), raised in Boston but living in the Northwest for more than 36 years.

I make my living as a business consultant specializing in unemployment law. Owing to my mongrel parentage, I charge employers excessive fees, while representing worthy employees for free.

I have been collecting mushrooms for "the pot" since the late 60's and first joined PSMS in the early 80's. I was a member for 3 or 4 years and then withdrew because of family problems. After carelessly introducing John Goldman to fungi fun in the 90's, I felt compelled to renew my membership in 1998 in order to exert some limited control over his excesses.

I have one more interesting "wrinkle" to share with you regarding our 39th annual Fall mushroom show. I have recently been informed that we will be sharing the Sand Point/Magnuson Park facilities with another, potentially huge, user. The weekend of our Fall mushroom show, October 19 & 20, Sand Point will also be hosting something known as "The Book Fest." It will be located approximately $\frac{3}{4}$ of a mile away from the brig (our location), in the farthest north hangar. They are hiring shuttle buses to bring visitors in and out of Sand Point and professional traffic coordinators.

This is significant because these folks typically draw about fifty thousand visitors. (You heard me right, and I did double check the number—50,000!) This could have a huge positive or negative effect on our show (depending on whether you are a pessimist or an optimist). I, myself, am just a little apprehensive. But I

cont. on page 2

Spore Prints

is published monthly, September through June by the
PUGET SOUND MYCOLOGICAL SOCIETY
Center for Urban Horticulture, Box 354115
University of Washington, Seattle, Washington 98195
(206) 522-6031 <http://www.psms.org>

OFFICERS: Karin Mendell, President
Patrice Benson, Vice President
John Goldman, Treasurer
Brandon Matheny, Secretary

TRUSTEES: David Hunt, Don Lennebacker,
Cathy Lennebacker, Marian Maxwell,
Colin Meyer, Ramona Owen,
Pacita Roberts, Emily Routledge,
John Thomas, Bernice Velategui,
Joanne Young (Immed. Past Pres.)

ALTERNATES: Jennifer Cochrane

SCI. ADVISOR: Dr. Joseph F. Ammirati

EDITOR: Agnes A. Sieger, 271 Harmony Lane,
Port Angeles, WA 98362
sieger@att.net

Annual dues \$20; full-time students \$10

CALENDAR

Sept. 10 Membership Meeting, 7:30 PM, CUH
Sept. 16 Board Meeting, 7:30 PM, CUH
Sept. 17 *Spore Prints* deadline (submit items to Olga Owens, olga_owens@yahoo.com, this month only)
Sept. 21 Field Trip to Crystal Springs Campground
Sept. 28 Field Trip to Circle 8 Ranch
Oct. 5 Field Trip to Masonic Park
Oct. 8 Membership Meeting, 7:30 PM, CUH
Oct. 19–20 Annual PSMS Wild Mushroom Show

FOR THE ORGANICALLY MINDED

The Seattle Tilth Organization is having their 15th Annual Organic Harvest Fair on Saturday, September 14, at the Good Shepherd Center in Wallingford. This year, PSMS will be sponsoring a table at this event, which will give us an excellent opportunity to promote our upcoming fall show. We are currently seeking volunteers to work 2-hour shifts as follows: 10 AM to noon; noon to 2 PM; and 2 PM to 4 PM. No set-up or take-down required! If interested, please contact Emily Routledge at (206) 355-5221 or emilyroo@hotmail.com.

President's Message, cont. from page 1

did want to share this news with you all to verify that *we need your help more than ever this year!* Thanks, everyone! I'm looking forward to fall mushrooms and seeing your smiling faces in September.

MEMBERSHIP MEETING

Patrice Benson

Tuesday, September 10, at the Center for Urban Horticulture, 3501 NE 41st Street, Seattle

The September membership meeting will feature a mini-wild mushroom show. In addition to the unveiling of the poster designed by D.V. Corey for this year's wild mushroom exhibit, there will be a mini-slide show and a short cooking demonstration by a favorite local chef, Michael Blackwell, who will be preparing mushroom paté. The guts of our exhibit, mushroom I.D., will be represented with a sample tray. There will also be a presentation of books, T-shirts, etc., for sale.

Bring your calendar for October and sign up to help with your favorite part of the exhibit! Be prepared to distribute some posters, so decide how many you may want to take home. We need you! We will have a fabulous show this year! The rains are coming, the rains are coming!

Please bring mushrooms for I.D. If your *first* name begins with the letters A–L, bring some tasty treats to share.



Chef Blackwell

IMPORTANT DATES & TIMES FOR THE ANNUAL EXHIBIT

Karin Mendell, Show Co-Chair

The following describes the work required day by day throughout the show weekend.

Please plan to volunteer for one or more of these tasks. Many people volunteer for several, even many. The more you volunteer the more you will get out of the show, and the more you will appreciate the dedication and enthusiasm of your fellow members.

• Thursday, October 18, 6:00–9:30 PM: Pre-Show Transportation Work Party

Our show is again being held at the Sand Point/Magnuson Park Community Center (new name but the same building, the former Sand Point Navy brig).

This means we still face the challenge of transporting our show materials from our CUH storage shed to Sand Point. *We need lots of help for this effort!*

We hope to again find a member with access to a large flat bed truck. Last year, access to the borrowed flat bed meant only one trip, and the job was accomplished in record time.

We need lots of folks with strong backs! We need more people Thursday evening for this move than all day Friday.

Please contact Dave Hunt at dhhuntinc@seanet.com or Karin Mendell at k.mendell@attbi.com if you can help us find a flat bed truck to borrow or to volunteer to help with the move.

• Friday, October 19, Throughout the Day: Construction Crew & Mushroom Receiving

On Friday, the construction crew begins building the display and working areas. Both men and women are welcome to come and assist with these activities. Carpentry experience is not required. Just come on down and we'll put you to work!

We will, again, have the large plastic canopy over our collection area, so mushrooms can be received and protected from harsh weather.

Receiving and sorting of mushrooms begin Friday afternoon.

• **Friday Evening, October 19**

Tasks Friday evening include setting up the book and T-shirt sales area, hanging foliage, setting out decorations and table cloths, and executing finishing touches—as much as we can get done.

Mushroom receiving and sorting continue on into Friday evening, with identifiers on hand later in the evening.

• **Saturday Morning, October 20:
Tray Arranging, Identification, Labeling, and Placement**

Tray arrangement starts around 7:00 AM Saturday morning and starts the “crunch work” of arranging trays of presorted collections and the identification and labeling of species. This continues all morning to meet the opening deadline of 12:00 noon.

Then it’s on with the show until the doors close to the public at 8:00 PM!

• **Saturday noon, October 20 – 6:00 PM, Sunday, October 21**

This is the climax of and reason for all the previous work, and the only part that the public sees—PSMS members manning booths, giving demonstrations, greeting visitors, conducting tours, preparing and cooking food, selling fascinating and exotic items, and all the other tasks that contribute to a great show.

• **Sunday, October 21, 6:00 PM–?: Show Closing Routine**

After the show we need to tear down the exhibits, clean up the community center, and transport all materials back to the CUH storage shed. We’ve always been blessed with a huge cleanup crew and have been out of Sand Point by 9:00 PM and completed the storage of materials at CUH by 10:00 PM. Please bring all your enthusiasm to this last effort, and you’ll be amazed at how quickly the whole show wraps up!

FALL FIELD TRIP SCHEDULE

Steve Curtice

September 21

Crystal Springs

(elev. 2400 ft, 60 miles east of Seattle)

Drive east on I-90 over Snoqualmie Pass. Continue east for 8 miles and take Stampede Pass exit #62. Turn right at the stop sign. After ¼ mile, before the bridge, turn right to enter the camp.

September 28

Circle 8 Ranch

(elev. 2000 ft, 75 miles east of Seattle)

Go east on I-90 over Snoqualmie Pass. Continue 20 miles and take exit #74, the “West Nelson” exit, from I-90. Go to the right. After ±2 miles you will see a sign to the Circle 8 ranch. You will see two interlocking squares (the square dance symbol). The Circle 8 Ranch is on your right. There is a usage fee of \$2 per person.

October 5

Masonic Park

From Snohomish take State Hwy. 9 to State Hwy. 92. Turn right and follow Hwy. 92 through Granite Falls. Four miles east of Granite Falls, turn left at the Masonic Park sign. PSMS will be in the big shelter/kitchen. This is a private park for Masons and their guests (that’s us). There is a small fee per car load. The park is available for day use only, from 8:30 AM to 6:00 PM.

October 12

Soda Springs

(elev. 3100 ft, 130 miles southeast of Seattle)

From Enumclaw, SE of Seattle, continue east on State Hwy. 410 over Chinook Pass. About 17 miles past the summit, turn right onto Bumping Lake Road (FR 18). About 5 miles farther, turn left into the camp.

October 26

PSMS/Mountaineers Weekend

November 2

Quinault Foray

November 9

Twanoh State Park

November 16

Deception Pass State Park

REMINDERS FOR FALL FIELD TRIP HOSTS AND PARTICIPANTS

For this year’s Fall field trips, we want to remind hosts and members of the following:

- Hosts are asked to supply two air pump pots (coffee and hot water for tea) and pastries/muffins. (Please save your receipts for reimbursement.)
- **IMPORTANT** – Karin Mendell will be holding the host kit (one box of field trip supplies, including air pumps for coffee and hot water.) Please e-mail k.mendell@attbi.com or leave a message at (425) 868-7918 to arrange pickup of the kit before your field trip.
- Remember to bring your own picnic supplies (plates, utensils, etc.). Reuse – Recycle!
- Bring folding chairs to help you relax after a strenuous hunt.
- Plan to stay for the potluck following the fungi picking!

Marian Maxwell will be coordinating the field trip hosts this season. Please contact her via e-mail at marianmaxwell@hotmail.com or (425) 235-8557. We do have hosts for our first three field trips – but that means we need at least three more hosts to step forward. If you’ve been enjoying our wonderful PSMS field trips, please step up and say “Thanks” by volunteering to host one of our Fall field trips. Thanks, everyone, for all the support!

LAST ‘SHROOMS OF SUMMER

Karin Mendell

On June 15, 45–50 folks (some from PSMS, some from the South Sound Mycological Society, and some personal friends) visited Paul and Dusty Stamets at their Fungi Perfecti facility in Shelton, Washington. Many of our members had never heard one of Paul’s presentations at our membership meetings and had the delightful experience of hearing him expound on the wonders of the fungi world and their many benefits to our existence. Our members were delighted with a visit to the “grow rooms” where shelf upon shelf was loaded with growing mounds of Shiitake and Maitake mushrooms. We also saw the amazing *Ganoderma applanatum* which Paul has managed to reproduce from spores collected from ancient specimens in old growth forests on the peninsula. These have never been reproduced before in a lab environment.

Paul’s friendly staff folks had sterilized straw ready for members to inoculate with Shiitake spawn and some lovely alder logs to plug with spawn. We were also treated to a visit to their beautiful yurt, which the Stamets and staff built on a bluff overlooking the South Sound and oyster beds.

Then came the BBQ! Dusty, Paul, and Damien grilled over 30 pounds of unbelievably delicious Shiitake and Maitake which had been marinated all afternoon. To these tasty treats were added a scrumptious repast of the incredible dishes our members always bring to share with each other at our delicious potlucks! There were homemade egg rolls and potstickers, chicken, salmon, many wonderful pasta dishes, vegetable salads, and desserts. All was topped off with iced watermelon.

cont. on page 4

Stamets, cont. from page 3

It was a wonderful way to end our Spring mushroom season with fantastic fungi and friends.

Paul has asked that we let folks know he is working on a “top secret project” which will combine providing mycorrhizal fungi with staple food sources for global communities desperately in need. He promises to come and share this new “vision” with PSMS sometime next season. He’ll work with Patrice Benson to find a time to visit.

To show our appreciation of the hospitality lavished on us by the Stamets’ family and staff, Karin and Bob Mendell recently delivered a covered, padded patio swing. Paul and Dusty want everyone to know how delighted they are to have another shady rest spot in their sunny back yard for more family and guests. Paul has also sent the recipe for his delectable grilled mushroom marinade to share with everyone.



Paul Stamets, Fungi Perfecti

BREITENBUSH WILD MUSHROOM CONFERENCE, October 24–27, 2002
Patrice Benson

Regale your senses with the beauty and splendor, tastes, smells, and sights of wild fungi. Examine their physical characteristics and habitats during guided mushroom walks. Take some back to the chef and try your hand at mushroom preparation, then sample the unique flavors of the many edible fungi at the following mushroom tasting. Learn about nonedible applications of fungi and admire the skill of the world traveling mushroom photographer as you relax during the evening presentations. In the evening, soak in the hot water, let your mind relax, and remember the beauty of the mushrooms that you found in the lovely forests surrounding Breitenbush. For more information, contact Patrice Benson at (206) 819-4842 or patrice.benson@attbi.com.

STAMETS’ MUSHROOM MARINADE

Combine

- Olive oil
- Sesame oil
- Soy sauce
- White wine

That’s it. In the past, we have also added several cloves of chopped garlic. Vary amounts of ingredients to your personal tastes.

Grill marinated mushrooms about 2–4 minutes, *gill side up*, so that more marinade can be dripped on while cooking. Then quickly flip for only a minute or so to simmer the gill side. Especially good when allowed extra time to get the cap well cooked and a bit crispy!

McGee, MS



Watch your mail for the NEW 2002–2003 PSMS roster!



Puget Sound Mycological Society
Center for Urban Horticulture
Box 354115, University of Washington
Seattle, Washington 98195

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. POSTAGE
PAID
SEATTLE, WA
PERMIT NO. 6545