

SPORE PRINTS

BULLETIN OF THE PUGET SOUND MYCOLOGICAL SOCIETY

200 Second Avenue North, Seattle, Washington, 98109

March 1975

Number 110



THIS IS OUR ELECTION ISSUE OF SPORE PRINTS H.R.H.

As announced last month, you are receiving this issue of Spore Prints a little earlier than usual. The board of trustees decided to combine the election literature, ballots, return envelope with this mailing of Spore Prints (and save a sizeable sum in printing and mailing costs).

I feel our election committee has presented us a slate of very capable candidates, whose photographs and campaign statements are featured on the last two pages of this issue. It is up to you now, to sit down, and mark your ballot and return it by March 15, 1975.

BANQUET REMINDER - DETAILS NEXT PAGE



ON ALLERGY AND A BOOK RECOMMENDATION

Milton Grout

I am indebted to Dr. Ray Creelman of the Bremerton Mycological Society for the loan of a very readable and comprehensive book, *The New Naturalist Mushrooms and Toadstools A Study of the Activities of Fungi* by John Ramsbottom. Published in London in 1953, the book is 306 pages long and well illustrated with excellent color plates. The text is highly readable and covers a wide range from history to Mycorrhizal and other fungal associations. Perhaps its greatest contribution to uniqueness is the lore going back to ancient times that is liberally interspersed in the text. Anyone having the opportunity to obtain this book should not hesitate to acquire it.

Typical of the style of writing and the ease of reading is the following paragraph on allergy. Allergy as applied to mushrooms is somewhat vague and I at least have had difficulty in communicating just what we mean by allergic reaction.

This paragraph does it nicely.

In contradistinction to definite poisoning by some specific substance, or by alterations caused by other organisms, and by simple indigestion, there is the strange phenomenon of personal idiosyncrasy. This is common with all organic food—strawberries, eggs, butter, cream, fish, and so on, and to most drugs of the Pharmacopoeia, including sulphonamides and penicillin. Indeed, if toadstools were not regarded from so particular a viewpoint no special allusion would need to be made to it. Such food idiosyncrasy has been known from earliest times: Hippocrates (c. 400 B.C.) mentions that "cheese does not prove equally injurious to all men, for there are some who can take it to satiety without being hurt by it in the least . . . but there are some do not bear it well." Lucretius says, "What is food for one may be fierce poison for others," which suggests the old saw, "What's one man's meat is another man's poison." Food idiosyncrasy is now regarded as an aspect of allergy, a general phenomenon denoting an altered capacity to react. It comprises hay fever, anaphylaxis and contact allergy (c.g. with cosmetics). We have little information about toadstools in general, for any upset has almost invariably been considered as due to poisoning. It is known that some people are allergic to mushrooms, even to a drop of mushroom ketchup.

V.I.P. PROFILE

H.R.H.



This month's profile article features our immediate past president, Howard Melsen. And again we meet an individual who has been willing to offer more to PSMS than he can ever expect to receive in return. He has served two years on the board of trustees, one year as vice president, and two years as president (and for those who have not read the by-laws, Howard also serves on the board while he is the immediate past president). In addition, he serves on the Morel Committee, the Key Committee, the 1975 Election Committee; actually I think Howard has served on every committee PSMS has set up, and worked on every Annual Exhibit since becoming a member in 1967.

And if this is still not considered enough "service to the society", Fay (his lovely wife) has also served on the board, as membership chairman, and presently is the record keeper of the identification stickers.

Howard is often called upon to present lectures to mushroom clubs in the Puget Sound area, other organizations, and last fall he taught a class in mycology at Everett Community College.

Howard was born in Tacoma, attended Langley High School on Whidby Island and Washington State University, and is presently a supervisor for the City of Seattle.

Since Howard and Fay's interests concern the outdoors of our great Pacific Northwest, you will find their trailer as an identifying landmark when searching for the "headquarters" of a fieldtrip. On fieldtrips they will be collecting wild flowers in addition to fungi; they also have interests in bird watching. Low tides attract them to the clam beds on the ocean beaches. To show you that even an expert has not come across every edible mushroom in our environment, Howard, finally, found an *Agaricus augustus* last year, and is still looking for his first *Sparassus*. Keep looking, Howard.

CARPOOLING FOR FIELDTRIPS

H.R.H.

The response to the attempt to arrange for carpooling for the coming fieldtrips was not overwhelming. Monte Hendrickson (phone 523-2892) and Doris Paduano (phone 782-8382) had prepared sign-up sheets and urged members at the February membership meeting to indicate their interests. We realize that the present winter weather, etc. have not set us in fieldtrip mood yet. But things like the carpooling have to be prepared in advance. We anticipate that the system will work as follows: We hope to have on file a number of our members who are willing to share transportation and/or accommodations, as well as members who want to go on fieldtrips and presently have no way of going. During the week preceding a fieldtrip most of the activity will take place, as the co-chairmen will act as the clearing house for those willing to "share" and those "needing rides". The carpooling is set up because the trustees were alerted that there was a need for this so that ALL PSMS members would have the opportunity to participate in fieldtrips.



SPORE PRINTS

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OFFICERS Milton Grout President
Margaret Dilly Vice Pres.
Fred Wasson Treasurer
Doris Paduano Secretary

TRUSTEES Lester Baribo; Sonja Cox; Monte
Hendrickson; Takeo Mochizuki, Pam
Kowalski; John Orth; Bill Pollard;
Judy Roger; Kathleen Tracey; Patricia
Winter; and Howard Melsen (immediate
Past President).

ALTERNATES Sigrun-Margarete Budnik; Jerry Cone
Dorothy Conway.

SCIENTIFIC ADVISOR Dr. Daniel E. Stuntz

Survivors' Banquet

You can still order your banquet tickets from Sigrun Budnik, by sending her a check for \$7.50 per ticket and a self-addressed, stamped envelope, and join us for the 11th Annual Survivor Banquet which will be held on Saturday, March 22, 1975 at the Moose Lodge (located across the street from the Seattle Center Parking Garage on Mercer Street. The banquet will be served buffet style and the menu will consist of baron of beef and chicken accompanied by many salads and mushrooms. B.Y.O.B. - ice and mixers are included in the ticket price. The social hour starts at 6:00 pm with dinner following at 7:00 pm. Our own Dr. Daniel Stuntz will be the banquet speaker. Entertainment will be provided by the New-Orleans-style UPTOWN LOWDOWN JAZZBAND

Remember that the banquet serves as the March membership meeting. The election results will be announced during the banquet.

READ RECENTLY IN SEATTLE PAPERS H.R.H.

Q: Inflation I know about - but what's this about a newly published book costing \$1,500?

A: You've been hearing about the "Mushroom Book," a collaborative effort of avant-garde composer John Cage, illustrator Lois Long, and University of Michigan professor Alexander Smith. The book consists of 10 "lithographed thoughts" by Cage, 15 life-size illustrations of various mushrooms by Long, and a description of each illustration by Smith. Only 100 have been printed. So far Yale University, an Amsterdam museum, and a couple of private foreign collectors have bought copies. No word on whether or not it'll be a Book-of-the-Month Club selection. If you are thinking about it for your library, you'll want to know about the binding: blue denim.

Allied Arts of Seattle is using the "nonparty" gimmick for its newest fund-raising project. Clever invitations have gone into the mail asking the recipients to "Aid Allied Art's faltering finances with a Pay-Now-Don't-Go-Later Party." One choice among others of the "affair they'd mind missing the least, and send the price to Allied Arts was

"A mycological tour of your parking strip plus an exciting visit to emergency at University Hospital"
Contribution: \$5.

Truffle lovers take heart. There's a consortium being formed in Northern California to sniff out the European fungus that gastronomes consider "the diamonds of the kitchen." "If digging goes right, we could be standing on a gastronomical gusher," says Henry Trione, board chairman of the Wells Fargo Mortgage Co., in San Francisco.

BITS AND PIECES H.R.H.

We hope Fred Wasson can finally shake the flu bug, he has carried it around for quite a while now. So we will print the financial report in our next issue. Can't you scare the bug away by saying: "IRS"?

The Spore Print article on the *Galerina autumnalis* poisoning in Seattle was quoted in the Jan.-Feb. issue of *The Mycophile* (the publication of the North American Mycological Assn.)

We have heard many favorable comments on the February program. Let's have the film on mushroom growing in Japan again soon.

CALENDAR

Remember that the 11th Annual Survivors' Banquet which will be held Saturday, March 22, 1975 is our regular monthly meeting.

March 24 Board Meeting

March 28 Actual Deadline for Spore Print Material. Send all articles, art work, and photos to the Editor %4029 E. Madison, Seattle, Wa., 98102

April 12 & 13 (date still tentative) Fieldtrip to Squire Creek (directions follow next month)

April 14 Monday, Membership Meeting 8:00 pm

WELCOME TO THE FOLLOWING NEW MEMBERS

R.B. Maguire - 232 - 5318

Basil L. Parlato - 935 - 8827

Don & Mildred Southwick, home phone: 927-2644

MUSHROOM DONATIONS FOR THE BANQUET

Mushroom donations for the banquet, especially Morels and Chanterelles are still sought. Please call Dr. Patricia Winter (phone 486-4264) and let her know what you can donate. Mr. Marvin Carlson (of Ostrom Mushroom Farms) has donated an ample supply of *agaricus bisporus*, fresh, canned and marinated, so that our banquet will be truly a mycophagist's delight. Thank you very much, Mr. Carlson. (He has promised to share the recipe for the marinade with us, more next month)

CANDIDATES FOR ELECTED OFFICES OF P. S. M. S. FOR 1975

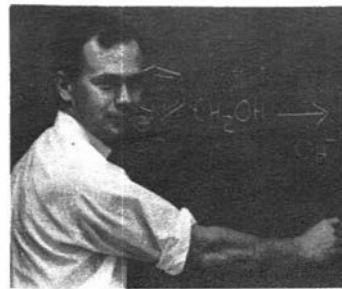
FOR PRESIDENT



MILTON GROUT

For avocation: outdoor enthusiasm with a number of "OLOGIES", headed by MYCOLOGY, and mixed with a little boating and fishing.
For vocation: Vice President of New England Fish Company

FOR VICE PRESIDENT



W. SCOTT CHILTON

Associate Professor of Chemistry at the U.W. Research on the chemistry of toxic mushrooms. Has served on PSMS Board of Trustees; Chairman of the educational committee. Member of N.A.M.A.'s committee on toxicology. Active hiker, climber, and amateur field botanist.

JOY MCKNIGHT

Became a member in 1971. Have a part-time job for King County. Also worked as a cashier for Metropolitan Life Insurance Co., and have some book-keeping experience. Lyle and I enjoy hunting and eating mushrooms. I like all the activities and try to do a good job for our Society.

FOR TREASURER



JOHN T. MUDGE

PSMS member since 1970. I am a CPA working for Seattle-First National Bank as tax and insurance manager. Director of Recreational Equipment Inc., past president of Washington Alpine Club. Hobbies, besides mushrooming, include hiking and skiing. Married, three children.

FOR TREASURER



FOR SECRETARY



PHYLLIS JORDAN

Born in Seattle; presently employed as a secretary; newcomer to PSMS but will try to do a good job for our society.
My hobbies in addition to mushroom hunting include skiing, hiking, swimming, boating, reading, cooking, and travelling.

FOR SECRETARY



SHIRLEY COX

Native of Washington State. Employed 10 years in the accounting section of Veterans Administration Hospital. Member of PSMS since 1970. Also member of the Mountaineers Inc., and the Sierra Club. Hobbies are hiking, skiing and sewing.

CANDIDATES FOR THE BOARD OF TRUSTEES - VOTE FOR 10

Born in Kirkland, Washington. Birdwatcher since childhood; former Mountaineer. Joined PSMS in Fall 1971. Attended Dr. Stuntz's evening course at the U.W. in the Fall 1972. Employed as physician at the Student Health Center, University of Washington.



HELENA KIRKWOOD

I am a full-time botany student at the U.W. with special interest in fungi and plant pathology. I am running for a second term on the Board of Trustees. Historian and librarian for PSMS. Have worked on the exhibit several years; member of the educational committee, morel and puffball committees.



JUDY ROGER



HUGO KOPTA

I am a charter member of PSMS; retired from the U.W. Chemistry dept. Long ago I enjoyed collecting mushrooms in Yugoslavia and Czechoslovakia. At the end of W.W.II in Austria I participated in mycological fieldtrips. In Seattle, thanks to Dr. Stuntz, I acquired more knowledge and friends in mycological circles. I wish to be helpful to the PSMS.



CLIFF CARPENTER

Graduate of U.W. in electrical engineering. Has worked for the Boeing Co. for 15 years. He and wife Irene have been members of PSMS since 1966. Hobbies, in addition to chasing mushrooms, include wine making, hiking, and the theater.

ADDITIONAL CANDIDATES FOR THE BOARD OF TRUSTEES



SHARON BOEHM

Like a duck to water, a fish to swimming, or a verpa to a cottonwood adequately describes how Sharon adapted to the search for wild mushrooms beginning in the fall of 1973. She attends most of the outings and thoroughly enjoys the fellowship among members. Sharon served on the art and hospitality committee at the annual exhibit. Is active in her church council and a social worker by trade.



W.R. "BUZZ" WALTERS

A member of PSMS for 3 years. I am a carpenter. Current hobbies are hiking, camping, and being an enthusiastic mushroom hunter. Some other interests include archery, table tennis, hunting, fishing, and folk dancing. I have enjoyed the PSMS classes and would like to participate more in the society's activities.

Retired M.D., Incumbent trustee Chairman of the 1975 Survivors' Banquet; for the past two years in charge of the freeze-dried mushrooms at the Annual Exhibit and greeting people who attend. I will continue to work hard to make our society friendly so that all members get to know each other.



PATRICIA ALLYNSON WINTER, M.D., P.H.D.

B.S. in Biology from Fairleigh Dickinson University. Incumbent trustee and ticket chairman for the 1975 banquet. "Retired" science teacher. Hobbies: creative cooking, fashion design, mushroom hunting, skiing, mountain climbing, steelhead-fishing, tennis, hiking and camping. Toastmistress



SIGRUN BUDNICK



JERRY CONE

A newcomer to PSMS and a hardy survivor of many years of talking about mushroom hunting. I have finally arrived at the point where "talking" ended and "doing" began. Incumbent trustee. Favorite sport: Steelhead fishing Printer by trade; amateur chef by avocation, and mushroom hunter by hope.



LESTER E. BARIBO

I am the microbiologist for the Weyerhaeuser Co., Professionally I am interested in observing the relationship between plants in the forest as it may affect disease, nutrition and the growth of trees. So it is a double pleasure to be able to eat some tasty mushrooms after a day in the field. Other gourmet hobbies are bee keeping trout farming and fruit raising. Incumbent trustee.

Incumbent trustee who attended all board and general membership meetings. Assistant Editor of Spore Prints. Co-Chairman of carpooling for fieldtrips. Major hobbies: mushroom hunting; photography, electronics, woodworking; model-railroading; I am interested in more educational classes and fieldtrip assistance for new members.



MONTE M. HENDRICKSON

I have been a PSMS member since 1971. I am employed at Boeing, a widow with teen-age twin boys at home. I love the outdoors, mushroom hunting, camping and hiking. My hobbies are oil painting and pottery. If elected I will work to promote our society's endeavors and interests.

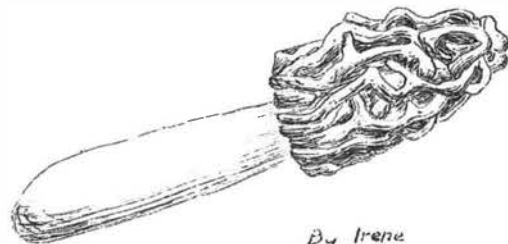


FLORENCE MALS



KATHLEEN TRACEY

I am a L.P.N. working out of "A" nurses registry in several Seattle Hospitals and on private cases. I attended Shoreline Community College for 3-1/2 years taking nursing related subjects. Member of PSMS since 1972. Incumbent trustee and chairman of hospitality committee for the Annual Exhibit. Interested in promoting knowledge of mushrooms so people can enjoy them without danger



By Irene

This prime candidate gets my vote

"staff"